

# 2009 – 2010 ACF COACHING REQUIREMENTS

The following requirements are mandatory to coach teams at the levels outlined

## To COACH at ALBERTA WINTER GAMES and JUVENILES you need:

### Old NCCP Stream

- **Level 1 Certification** which includes:
  - Theory Part A – *previously known as Theory 1*
  - Club Coach (2 day workshop) – *previously known as Technical 1*
  - Practical 1 (20 coaching/instructing hours)

**OR**

- Club Coach (2 day workshop)

**OR**

### New NCCP Stream

- Competition Coach Workshop (2 day course)
- MED Workshop (3 hour module)

## To COACH Juniors, Men, Women, Seniors, Masters, Mixed, Wheelchair at PROVINCIALS AND NATIONALS, you need:

### Old NCCP Stream

- **Level 2 Certification** which includes:
  - Theory Part B
  - Technical 2 Workshop (2 day course)
  - Practical 2 (workbook)

**OR**

### New NCCP Stream

- **Competition Coach Certification** which includes:
  - Competition Coach Workshop (2 day course)
  - Submission of Plan a Practice and Emergency Action Plan (EAP)
  - Multi-sport 3 hour module “Make Ethical Decisions” is recommended
  - On-ice Evaluation
  - MED On-Line Evaluation (Make Ethical Decisions)

### **!!!!!! IMPORTANT INFORMATION !!!!!!**

- The primary difference between the Community Sport Stream and the Competition Stream is evaluation.
- In order for a coach to be deemed “Certified”, the coach must undergo a mandatory evaluation.
- Coaches can begin their training in the Competition Stream (i.e. Community Stream is not a prerequisite), HOWEVER, coaches need to have a good understanding of the game and technical skills.

## To COACH at WORLDS and CANADA WINTER GAMES you must be LEVEL 3 CERTIFIED

Please contact the Alberta Curling Federation for Level 3 technical courses or check the ACF website for upcoming courses ([www.albertacurling.ab.ca](http://www.albertacurling.ab.ca)). Courses usually run every 2 years.

To receive **Level 3 Certification**, you must complete the following:

- Prerequisite – Level 2 Certification or Competition Coach Certification
- Level 3 Technical Workshop (2 day course)
- Multi-sport Competition – Development Modules (As of April 1, 2009, Theory 3 has been phased out). The replacement for this course under the new NCCP structure is the COMPETITION DEVELOPMENT. There are six modules to complete:
  - Developing Athletic Abilities
  - Prevention and Recovery
  - Managing Conflict
  - Leading Drug-free Sport
  - Coaching and Leading Effectively
  - Psychology of Performance
- Level 3 Practical including: On-Ice Evaluation and Video Skill Analysis

## To COACH at OLYMPIC PRE-TRIALS/TRIALS, OLYMPICS you must be LEVEL 4/5 CERTIFIED

Specific program consisting of self-directed studies and practical components