

NCCP COMMUNITY STREAM

The Alberta Curling Federation under the direction of the Canadian Curling Association, follow the guidelines for instructing and coaching set out by the Coaching Association of Canada and the National Coaching Certification Program.

As of September 2009, the following programs are in effect in Alberta

INSTRUCTOR TRAINING – *How To Become A Trained Instructor*

CLUB COACH YOUTH

This is a community-based program designed for parents to help out at the club level with youth curlers ages 6 – 16 years. The program is a 7-hour workshop that deals with everything from basic delivery/sweeping mechanics to program safety, setup and logistics.

The Club Coach Youth Instructor is able to:

- Prepare a safe environment
- Make ethical decisions
- Lead curlers in activities which are age suitable and technically correct for youth curlers
- Manage youth club programs
- Demonstrate correct coaching behaviors

CLUB COACH

The Club Coach program is a 15 hour (2 day) workshop designed to enhance the skill set of the Coach and Instructor who function predominantly at the club level. The Club Coach will be competent in training curlers from youth to masters, with skill levels of beginner to intermediate. The Club Coach is able to instruct Novice (Learn to Curl) and Intermediate clinics.

The Club Coach Instructor is able to:

- Plan and design a clinic
- Make ethical decisions
- Teach correct curling skills
- Analyze and correct curling skills
- Ensure a safe coaching environment
- Plan, manage and design a curling program

NCCP COMPETITION STREAM

COACHING

COMPETITION COACH – effective September 2009

Competition Coach is a 2 day workshop. It is recommended that individuals have a good understanding of the game and technical skills (e.g. competitive curler with no previous coaching experience).

The Competition Coach will learn the following from the perspective of working with Intermediate to Advanced-skilled teams:

- Teaching and learning Strategies
- Strategy and Tactics
- Delivery and Brushing Skills
- Skill Analysis
- Practice Planning, including Safety and EAP (Emergency Action Plan)
- Drills to Correct

!!!!!! IMPORTANT INFORMATION !!!!!!

- **The primary difference between the Community Sport Stream and the Competition Stream is evaluation.**
- **In order for a coach to be deemed “Certified”, the coach must undergo a mandatory evaluation.**
- **Coaches can begin their training in the Competition Stream (i.e. Community Stream is not a prerequisite), HOWEVER, coaches need to have a good understanding of the game and technical skills.**

Please contact your regional curling association office for complete details on course dates, locations and costs.

Peace Curling Association (PCA) (780) 532-4782

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Northern Alberta Curling Association (NACA) (780) 440-4270

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